



## Harewood Junior School SDP Curriculum action plan for P.E 2025/26

### **PRIORITY:**

- Continue to develop teacher's competence and confidence for teaching P.E, in a range of disciplines.
- Continue to increase opportunities for physical activity, particularly those identified as a concern.
- Continue to embed children's understanding of the importance of leading a healthy, active lifestyle – including an understanding of the impact of physical activity on mental health and wellbeing.
- Continue to invest in equipment and resources to ensure that a range of physical education disciplines can be taught effectively.
- Increase the percentage of our children who meet the end of KS2 national swimming expectations.

### **SUCCESS CRITERIA:**

- Gaps in staff confidence and competence addressed through CPD.
- Increased opportunities for daily physical activity.
- Continue to develop the school ethos around the importance of living a healthy, active lifestyle, with particular attention to the impact of physical activity of our physical and mental health and wellbeing: healthy active days; assemblies; whole school events; visitors.
- Children act on the knowledge that a healthy, active lifestyle impacts our physical and mental health and wellbeing.
- PE equipment matches the delivery of high-quality lessons.
- Explore and invest in opportunities for 'top-up' swimming lessons so that a greater percentage of our pupils meet the end of KS2 swimming criteria.

### **Funding Income/Expenses**

<b>Income:</b>		<b>Anticipated Expenses (those in red = approx. costs)</b>	
November 2025		Montague Sport, Curriculum development and CPD	£4500
May 2026		Montague Sport Athlete tracker	£3600
Carry forward from 2024-25	£0	Gloucester Primary Sports (inter-school leagues / tournaments)	£175
		Supply cost for monitoring and analysis (1 day or 3 mornings)	£300
		Supply costs for running whole school inter-house events (approx.6 days)	£1800
		Supply costs for attending inter-school events (approx. 3 days)	£900
		Resources (for PE lessons)	£3000
		Funding for 'Active Play' lunch time cover and cost of resources	TBC
		Top-up swimming lessons	TBC
<b><u>Total</u></b>		<b><u>Total</u></b>	



	Action	Leader	Timescale	Resources/ cost	Monitoring arrangements	Progress and impact comments
<b>Staff Confidence Development Strategy</b>	*Annual audit of staff strengths and weaknesses.	JB and NS	Autumn 2025	Questionnaire/ discussions = free	Questionnaire/ staff conferencing.	Rugby was identified as an ongoing area of development for many members of staff.
	*Overview of questionnaire/staff conferencing to identify specific areas which majority of staff lack confidence in.			P.E. coordinator time to analyse.	P.E coordinator to overview and monitor areas of need.	
	*Organise for lead teachers or coaches to work alongside staff to develop confidence.	JB, NS and AM	Ongoing throughout 2025/26 academic year.	Package through Montague Sports = Approx £4500	Questionnaires/discussions with staff involved to establish effectiveness and impact.	
	*Staff meeting time/inset training to provide further training or for staff who have been involved in working with coaches/lead teachers to roll out their training to other staff.	JB, NS and AM	By the end of the academic year.	Staff meeting/inset time.	Questionnaires/discussions with staff involved to establish effectiveness and impact.	
	* PE coordinator to monitor effectiveness of PE teaching across all year groups and support colleagues as needed.	NS, JB and AM	Ongoing throughout 2025/26 academic year.	Release time for P.E coordinator. 3 x mornings = approx. £300	P.E coordinator to observe, feedback and work alongside staff in order to improve the quality of P.E across the school.	

	Action	Leader	Timescale	Resources/cost	Monitoring arrangements	Progress comments
<b>Increased opportunities for participation in physical activity</b>	*Coaches, and staff following from previous CPD, to provide inspirational, engaging physical education lessons.	JB, NS and AM	Throughout the year	Package through Montague Sports = approx. £4500  Release time for P.E coordinator or additional staff to run inter-house events. = approx. £1800 in total	Subject lead to be involved with sessions to monitor delivery. Pupil conferencing to monitor impact.	
	*Additional sessions timetabled to form part of 'Healthy Active Lifestyle' days.	JB, NS and AM	Throughout the year	Release time for P.E coordinator or additional staff to run inter-house events. = approx. £1800 in total	Healthy Active lead to monitor impact and plan for upcoming events.	
	*Additional opportunities for physical activity in other lessons.	JB, NS AM	Throughout the year	Staff meeting/inset time  Subject leader release time	Lesson observations and discussions with staff	
	*Staff CPD to encourage regular physical activity opportunities in addition to P.E lessons.	JB, NS AM	Throughout the year	Staff meeting/inset time  Subject leader release time	Questionnaires/discussions with staff involved to establish effectiveness and impact.	
	*Active Play lead to continue to organise opportunities for children to engage in physical activity at lunchtimes.	AM, NS, JT, MN, AF	Throughout the year	Staffing costs  Resources and equipment: up to £1000	Monitor number of playtime incidents.  Discussions with midday supervisors and children to monitor effectiveness.	

	<p>*Fitness Fridays to continue. Sports Council representatives to lead fitness games with their peers every Friday lunchtime. A bag of resources and training to be provided. This will encourage more children to engage in physical activity at lunchtime and also develop leadership skills. Some of the fitness games will also help to improve children's specific fitness skills, which are linked to the annual fitness test activities.</p>	JB, AM, NS and active play lead.	Throughout the year.	<p>Cost of JB release time to provide training: approx. £100 for half a day.</p> <p>Cost of resources to replenish resources in existing bags.</p>	<p>Monitor number of playtime incidents.</p> <p>Discussions with midday supervisors and children to monitor effectiveness.</p> <p>Monitor general fitness attitudes of children.</p>	
	<p>*Continue to offer extra-curricular opportunities and explore possibilities for engaging more of our children in extra-curricular physical activity.</p>	NS, JB, AM	Throughout the year	<p>Teacher time to deliver extra-curricular clubs.</p> <p>Possibility of clubs being run by outside companies, which may be part or full-funded by the school.</p>	<p>Discussions with staff and children to discuss additional possibilities.</p>	

	Action	Leader	Timescale	Resources/cost	Monitoring arrangements	Progress comments
<p>Embed under start and in sports of mportant</p>	<p>➤ *Staff to provide inspirational, engaging physical education lessons.</p>	JB and NS, and AM	Throughout the year	<p>Package through Montague Sports = approx. £4500</p> <p>Release time for P.E coordinator or additional staff members to organise and lead whole school events = £1800</p>	<p>Subject leads to be involved with sessions to monitor delivery.</p> <p>Pupil conferencing to monitor impact.</p>	
	<p>*Healthy Active Lifestyle Days are to be timetabled for each half term. Each day will focus on a different element of ‘Healthy Active Lifestyles’. This will incorporate specific needs in addition to discussion about children’s physical and mental health and wellbeing. Each day will also include an inter-house school sporting event. These include: cross country; penalty shoot-out; obstacle races; rounders competition and sports days.</p>	NS, JB and AM	One per short term, except Term 3 (Mental Health Fortnight)	<p>Release time for P.E coordinator or additional staff members to organise and lead whole school events = £1800</p>	<p>Subject leads to be involved with sessions to monitor delivery.</p> <p>Pupil conferencing to monitor impact.</p>	
	<p>*Assemblies to highlight the importance of leading a healthy, active lifestyle. This will include ongoing consideration for the long-lasting impact that Covid-19 had on our children’s physical and mental health and wellbeing. Possibility of guest speakers to emphasise these messages and provide inspiration for our children.</p>	All staff	Ongoing	<p>Possible cost of guest speakers.</p>	<p>Assembly overview and discussion with children.</p>	

c e o f l e a d i n g a h e a l t h y l i f e s t y l e	*Teachers to embed the importance of leading a healthy, active lifestyle by encouraging children to make healthy choices. This will include ongoing consideration for the impact that Covid-19 had on our children's physical and mental health and wellbeing.	All staff.	Ongoing.	Free.	Lesson observations, learning walks, pupil conferencing.	
	*Continue to highlight the importance of healthy active lifestyles to our parents. For example, on newsletters and as a focus for a half-termly coffee mornings. This will include ongoing consideration for the impact that Covid-19 had on our children's physical and mental health and wellbeing.	AF and AM	Various points throughout the year.	free	Pupil conferencing. Discussion with parents.	
	*Focus on the provision of nutritious food in pupil lunchboxes. Staff to raise awareness with their classes, and possibly bring back initiatives such as healthy lunchbox tokens.	All staff.	Throughout the year.	Lesson or assembly time, time of staff to implements initiatives.		
	*Mental health fortnight to include key focus on the importance of leading healthy, active lifestyles. This will include ongoing consideration for the impact that Covid-19 had on our children's physical and mental health and wellbeing.	All staff	Spring term	Lesson time.	Discussions with children during the week and questionnaires to monitor understanding.	
	*Fitness tests to raise awareness of the importance of staying active, and to monitor children's progress over time	AM, JB and NS	End of academic year	Montague Sports Package approx £3600	Online tracking system and pupil conferencing.	
	*Fitness Fridays to continue. Sports Council representatives to lead fitness games with their peers every Friday lunchtime. A bag of	JB, AM, NS and active	Throughout the year.	Cost of JB release time to provide training: approx. £100 for half a	Monitor number of playtime incidents.	

	resources and training to be provided. This will encourage more children to engage in physical activity at lunchtime and also develop leadership skills. Some of the fitness games will also help to improve children's specific fitness skills, which are linked to the annual fitness test activities.	play lead.		day.	Discussions with midday supervisors and children to monitor effectiveness.  Monitor general fitness attitudes of children.	
<b>Resources</b>	*Invest in resources to allow high-quality provision of PE lessons to continue in a range of disciplines.	NS JB	ongoing	Up to £3000	NS, JB and Active Play Lead to monitor stock and request order of more equipment as needed.	

	Action	Leader	Timescale	Resources/cost	Monitoring arrangements	Progress comments
Interim	Int-Analyse swimming data for Y6 children after their 2 week intense swimming lesson block.	NS, JB and AM	End of Autumn Term 2025	Teacher/Head teacher time.	Analyse data after initial 2-week intensive block. Identify children who could meet expectations with top-up lessons.	
	o *Liaise with swim school provider about opportunities for additional lessons for the children who did not meet the minimum standard for end of KS2 swimming expectations.	NS, JB and AM	End of Spring Term 2026	Teacher/Head teacher time to liaise with swim school provider.	Monitor effectiveness so far and identify children who would benefit from additional lessons.	
	i *Look at the options available and decide which options we would be able to facilitate.	NS, JB and AM	End of Spring Term 2026	Teacher/Head teacher time.	Discuss options to decide which options would be most effective.	
	d Identify the children who would benefit.					
Final	e *Organise for children to attend these lessons.	NS, JB and AM	End of Summer Term 2026	Teacher/Head teacher time.	Arranging timetables, staffing, letters etc.	



e e t i n g K S 2 s w i m m i n g e x p e c t a t i o n s	*Monitor impact and analyse data for the children who took part in additional lessons.	NS, JB and AM	End of Summer Term 2026	Teacher/Head teacher time.	How many of the identified children meet expectations after additional lessons? What impact does this have on overall percentages?	
---	--	---------------	-------------------------	----------------------------	--	--