



**Harewood Junior School  
SDP Curriculum action plan  
review for P.E 2023/24**

**PRIORITY:**

- Continue to develop teacher's competence and confidence for teaching P.E, in a range of disciplines.
- **Following the impact of the Covid-19 pandemic and its impact on our children's physical and mental health and wellbeing, the following objectives are high priority:**
- *Continue to increase opportunities for physical activity, particularly those identified as a concern.*
- *Continue to embed children's understanding of the importance of leading a healthy, active lifestyle. This includes understanding of the impact of physical activity on mental health and wellbeing.*
- Continue to invest in equipment and resources to ensure that a range of physical education disciplines can be taught effectively.
- Explore possibilities for additional PE space. Either a contained space outside, or possibility of an additional indoor space.

**SUCCESS CRITERIA:**

- Review staff strengths and weaknesses for the subject
- Provide further training for staff (CPD)
- Increase opportunities for daily physical activity.
- Continue to develop the school ethos around the importance of living a healthy, active lifestyle. With particular attention to the impact of physical activity of our physical and mental health and wellbeing.
- Focus on the provision of nutritious food in pupil lunchboxes.
- Explore possibilities for additional PE space. Either a contained space outside, or possibility of an additional indoor space.

**Funding Income/Expenses**

<b>Income:</b>		<b><u>Expenses</u></b>	
November 2023 (estimated)	£11,403	Montague Sport, Curriculum development and CPD	£4500
May 2024 (estimated)	£8,146	Montague Sport Athlete tracker	£3500
Carry forward	£1,565	Gloucester Primary Sports (inter-school leagues / tournaments)	£170
		Supply cost for monitoring and analysis (1 day)	£240
		Supply costs for running whole school inter-house events (6 days)	£1440
		Resources	£4000
		Funding for 'Active Play' lunch time cover/org of resources	£3000
<b>Total income</b>	<b>£21,114</b>	<b>Total expenditure</b>	<b>£16,850</b>

	Action	Leader	Timescale	Resources/cost	Monitoring arrangements	Progress and impact comments
Staff Confidence and Opportunity	<p>*Annual audit of staff strengths and weaknesses</p> <p>*Overview of questionnaire/staff conferencing to identify specific areas which majority of staff lack confidence in.</p>	JB and NS	<p>Autumn 2023</p> <p>Autumn 2023</p>	<p>Questionnaire/ discussions = free</p> <p>P.E. coordinator time to analyse.</p>	<p>Questionnaire/ staff conferencing.</p> <p>P.E coordinator to overview and monitor areas of need.</p>	<p>Completed Autumn 2023.</p> <p>Football had already been identified as an area of need following last year's staff discussions. Staff reported that they find it difficult to teach football in y5 and y6 as lots of the children are more confident and skilful with the sport than they are. Following this, Montague sports delivered skills sessions (Autumn 2023) to build confidence in teaching staff, but also which could encourage confident children to take a leadership role in some lessons. Staff reported that the sessions provided helpful guidance and advice.</p> <p>Gymnastics has also been identified as an area of need. Discussions about how to provide gymnastics CPD during the 2023/24 year are to follow.</p>

t y	<p>*Organise for lead teachers or coaches to work alongside staff to develop confidence.</p>	<p>JB, NS and AM</p>	<p>Ongoing throughout 2023/24 academic year.</p>	<p>Package through Montague Sports = approx. £4500</p>	<p>Questionnaires/discussions with staff involved to establish effectiveness and impact.</p>	<p>Completed Autumn 2023.</p> <p>Football had already been identified as an area of need following last year's staff discussions. Staff reported that they find it difficult to teach football in y5 and y6 as lots of the children are more confident and skilful with the sport than they are. Following this, Montague sports delivered skills sessions (Autumn 2023) to build confidence in teaching staff, but also which could encourage confident children to take a leadership role in some lessons. Staff reported that the sessions provided helpful guidance and advice.</p> <p>Gymnastics has also been identified as an area of need. Discussions about how to provide gymnastics CPD during the 2023/24 year are to follow.</p>
	<p>*Staff meeting time/inset training to provide further training or for staff who have been involved in working with coaches/lead teachers to roll out their training to other staff.</p>	<p>JB, NS and AM</p>	<p>By the end of the academic year.</p>	<p>Staff meeting/inset time.</p>	<p>Questionnaires/discussions with staff involved to establish effectiveness and impact.</p>	

	* PE coordinator to monitor effectiveness of PE teaching across all year groups and support colleagues as needed.	NS, JB and AM	Ongoing throughout 2023/24 academic year.	Release time for P.E coordinator. = approx. £200	P.E coordinator to observe, feedback and work alongside staff in order to improve the quality of P.E across the school.	
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	Action	Leader	Timescale	Resources/cost	Monitoring arrangements	Progress comments
<b>Inc rea se d op po rtu niti es for par tici pat ion in ph ysi cal act ivit y</b>	*Coaches, and staff following from previous CPD, to provide inspirational, engaging physical education lessons. Additional sessions timetabled to form part of 'Healthy Active Lifestyle' days.	JB, NS and AM	Throughout the year	Package through Montague Sports = approx £4500  Release time for P.E coordinator or additional staff to run inter-house events. = approx. £2000 in total	Subject lead to be involved with sessions to monitor delivery. Pupil conferencing to monitor impact.	
	*Staff CPD to encourage regular physical activity opportunities in addition to P.E lessons.	JB, NS AM	Throughout the year	Staff meeting/inset time  Subject leader release time	Questionnaires/discussions with staff involved to establish effectiveness and impact.	
	*Staff CPD to ensure that P.E lessons are delivered to a high standard, and are making the most of opportunities for physical activity.	JB, NS and AM	Throughout the year	Staff meeting/inset time  Subject leader release time = approx. £200	Questionnaires/discussions with staff involved to establish effectiveness and impact.	
	*Active Play lead to continue to organise opportunities for children to engage in physical activity at lunchtimes.	AM, NS, JT, AT	Throughout the year	Approx £3000	Monitor number of playtime incidents.  Discussions with midday supervisors and children to monitor effectiveness.	
	*Trial ways to adapt The Daily Mile initiative, or find an alternative, which suits our children and staff.	NS, JB, AM, Midday supervisors, Active Play lead to lead.	Throughout the year	Cost of Active Play lead lunchtime salary  NS or JB release time if needed.	Monitor number of playtime incidents.  Discussions with midday supervisors and children to monitor effectiveness.  Monitor general fitness attitudes of children.	

	<p>*Fitness Fridays to continue. Sports Council representatives to lead fitness games with their peers every Friday lunchtime. A bag of resources and training to be provided. This will encourage more children to engage in physical activity at lunchtime and also develop leadership skills. Some of the fitness games will also help to improve children's specific fitness skills, which are linked to the annual fitness test activities.</p>	<p>JB, AM, NS and active play lead.</p>	<p>Throughout the year.</p>	<p>Cost of JB release time to provide training: approx. £100 for half a day.</p> <p>Cost of resources for fitness bags: up to £300.</p>	<p>Monitor number of playtime incidents.</p> <p>Discussions with midday supervisors and children to monitor effectiveness.</p> <p>Monitor general fitness attitudes of children.</p>	
	<p>*Continue to offer extra-curricular opportunities and explore possibilities for engaging more of our children in extra-curricular physical activity.</p>	<p>NS, JB, AM</p>	<p>Throughout the year</p>	<p>Teacher time to deliver extra-curricular clubs.</p> <p>Possibility of clubs being run by outside companies, which may be part or full-funded by the school.</p>	<p>Discussions with staff and children to discuss additional possibilities.</p>	

	Action	Leader	Timescale	Resources/cost	Monitoring arrangements	Progress comments
➤ E m b e d u n d	*Staff to provide inspirational, engaging physical education lessons.	JB and NS, and AM	Throughout the year	Package through Montague Sports = approx. £4500  Release time for P.E coordinator or additional staff members to organise and lead whole school events = up to £2000.	Subject leads to be involved with sessions to monitor delivery. Pupil conferencing to monitor impact.	
e r s t a n d i n g s o f i m p o r t a n c	*Healthy Active Lifestyle Days are to be timetabled for each half term. Each day will focus on a different element of 'Healthy Active Lifetsyles'. This will incorporate specific needs in addition to discussion about children's physical and mental health and wellbeing. Each day will also include an inter-house school sporting event. These include: cross country; penalty shoot-out; obstacle races; sports days and another event to be confirmed.	NS, JB and AM	One per term, except Term 3 (Mental Health Fortnight)	Release time for P.E coordinator or additional staff members to organise and lead whole school events = up to £2000.	Subject leads to be involved with sessions to monitor delivery. Pupil conferencing to monitor impact.	

<p>e o f l e a d i n g a h e a l t h</p> <p>*Assemblies to highlight the importance of leading a healthy, active lifestyle. This will include ongoing consideration for the impact that Covid-19 had on our children's physical and mental health and wellbeing. Possibility of guest speakers to emphasise these messages and provide inspiration for our children.</p>	All staff	Ongoing	Possible cost of guest speakers.	Assembly overview and discussion with children.	
<p>a l t h y , a n d w e l l b e i n g</p> <p>*Teachers to embed the importance of leading a healthy, active lifestyle by encouraging children to make healthy choices. This will include ongoing consideration for the impact that Covid-19 had on our children's physical and mental health and wellbeing.</p>	All staff.	Ongoing.	Free.	Lesson observations, learning walks, pupil conferencing.	
<p>i l l h e a l t h y , a n d w e l l b e i n g</p> <p>*PSHE, science and P.E lessons to combine to emphasise the importance of leading a healthy, active lifestyle. This will include ongoing consideration for the impact that Covid-19 had on our children's physical and mental health and wellbeing.</p>	All staff.	Ongoing.	Free.	Lesson observations, learning walks, pupil conferencing.	



	<p>*Continue to highlight the importance of healthy active lifestyles to our parents. For example, on newsletters and as a focus for half-termly coffee mornings. . This will include ongoing consideration for the impact that Covid-19 had on our children’s physical and mental health and wellbeing.</p>	AF and AM	Various points throughout the year.	free	Pupil conferencing. Discussion with parents.	
	<p>*Focus on the provision of nutritious food in pupil lunchboxes. Staff to raise awareness with their classes, and possibly bring back initiatives such as healthy lunchbox tokens.</p>	All staff.	Throughout the year.	Lesson or assembly time, time of staff to implements initiatives.		
	<p>*Mental health fortnight to include key focus on the importance of leading healthy, active lifestyles. This will include ongoing consideration for the impact that Covid-19 had on our children’s physical and mental health and wellbeing.</p>	All staff	Spring term	Lesson time.	Discussions with children during the week and questionnaires to monitor understanding.	
	<p>*Fitness tests to raise awareness of the importance of staying active, and to monitor children’s progress over time</p>	AM, JB and NS	End of academic year	Montague Sports Package Approx. £3500	Online tracking system and pupil conferencing.	

	*Trial ways to adapt The Daily Mile initiative, or find an alternative, which suits our children and staff.	NS, JB Midday supervisors, active play lead.	Throughout the year	Cost of active lead lunchtime salary  NS or JB release time if needed.	Monitor number of playtime incidents.  Discussions with midday supervisors and children to monitor effectiveness.  Monitor general fitness attitudes of children during this time.	
	*Fitness Fridays to continue. Sports Council representatives to lead fitness games with their peers every Friday lunchtime. A bag of resources and training to be provided. This will encourage more children to engage in physical activity at lunchtime and also develop leadership skills. Some of the fitness games will also help to improve children's specific fitness skills, which are linked to the annual fitness test activities.	JB, AM, NS and active play lead.	Throughout the year.	Cost of JB release time to provide training: approx. £100 for half a day.  Cost of resources for fitness bags: up to £300.	Monitor number of playtime incidents.  Discussions with midday supervisors and children to monitor effectiveness.  Monitor general fitness attitudes of children.	
<b>Resources</b>	*Invest in resources to allow high-quality provision of PE lessons to continue in a range of disciplines.	NS JB	ongoing	Up to £4000	NS, JB and Active Play Lead to monitor stock and request order of more equipment as needed.	

<p><b>O n g o i n g p r o j e c t f o r a d d i t i o n a l P E s p a c e .</b></p>	<p>*Explore possibilities for additional PE space. Either a contained space outside, or possibility of an additional indoor space.</p> <p>Due to Covid restrictions and additional safety measures that were put in place, it has been noticed that our school hall is sometimes difficult to access for PE, even when timetabled sessions have been allocated. This is particularly true on wet weather days when three classes are needing to share a limited hall time slot.</p> <p>When the hall is able to be used, due to some of the additional furniture which is now stored in the hall, plus the growing size of our classes, it can make it difficult to deliver some PE sessions safely.</p> <p>Therefore, we are exploring possibilities to provide additional PE space. We are hoping to use money which has rolled over from previous years to combine towards this project.</p>	<p>AM and NS.</p>	<p>Ongoing</p>	<p>Estimated in excess of £30,000.</p>		
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